



Dr Elliot Brown

Arden University, Berlin

Burnout and digital wellbeing in a post pandemic world

We are in a new era of work culture. The lines between work and life are still blurred for some. Expectations have changed for the better and for the worse. Join this talk to hear about the symptoms and causes of digital burnout and learn to empower your own mental wellbeing and to cultivate a healthy digital culture in your workplace.

Tuesday, 14 June 2022, 12:00 (s.t.)
(CEST/UCT+2)

The seminar will take place online via Zoom.

Please register [here](#) to participate.

This seminar is co-organised by GenEvo and
SFB 1361.



For more information, please contact: events@imb.de

Institute of Molecular Biology gGmbH (IMB), Ackermannweg 4, 55128 Mainz